Enjoy the harbor views from our dining room or waterfront deck serving breakfast & lunch and summertime happy hour.

Call us about Private Dinners On Our Deck

Picnic Lunches To Go Evening Cocktail Parties. Let us do the work.

Homemade Pies made to order $12.50

Deli Sandwiches

Roast Beef $6.25
Roast Turkey Breast $6.25
Smoked Turkey $6.25
Honey Roasted Ham $6.25
Corned Beef $6.25
Chicken Salad $6.25
Tuna Salad $6.25
Cheese $4.25
BLT $4.95
PBJ $3.50
Grilled Cheese $4.25
Hot Dog (2) $3.50

Add Cheese to any of these +.75
Swiss, Cheddar, Pepperjack, Provolone,
Lo-fat Mozzarella or American

with your choice of veggies:
lettuce, tomato, onion, sprouts, carrots and
choice of spreads: mayonnaise, brown mustard,
dijon mustard, harbor island dressing

* Make your sandwich a “basket” with cole slaw and chips $1.00
*Gluten Free Bread $1.50

Lunch

Open 7 Days A Week
Breakfast 7:30-11:00
Lunch 11:00-Close
Sunday Brunch 7:30-12:00
Sunday Lunch 12:00- Close

Take out
Call Ahead
633-2220

Try a Pint!
### Cold Sandwiches & Wraps

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cobb Sandwich</td>
<td>$7.75</td>
<td>turkey, avocado, bacon, lettuce, tomato and blue cheese on wheat bread</td>
</tr>
<tr>
<td>Hummus Veggie Sandwich</td>
<td>$6.50</td>
<td>roasted red pepper hummus with red onion cucumber, lettuce, tomatoes and sprouts in a pita pocket</td>
</tr>
<tr>
<td>Smoked Salmon &amp; Cream Cheese</td>
<td>$8.95</td>
<td>Ducktrap Farm smoked salmon &amp; cream cheese with tomato and red onion on a fresh bagel</td>
</tr>
<tr>
<td>Roast Beef and Boursin</td>
<td>$8.25</td>
<td>roast beef with our own garlic herb cream cheese and fresh mixed greens on a French roll</td>
</tr>
<tr>
<td>Thai Crunchy Veggie Wrap</td>
<td>$6.50</td>
<td>shredded lettuce, cabbage and carrots with cucumbers, scallions, ginger &amp; sprouts in a roll-up with Thai dipping sauce</td>
</tr>
<tr>
<td>Turkey Club Wrap</td>
<td>$7.75</td>
<td>turkey, bacon, lettuce, tomato &amp; herb ranch dressing in a tortilla</td>
</tr>
<tr>
<td>Crab Roll</td>
<td>Mkt. Price</td>
<td>native crabmeat with a touch of mayo on a French roll with leaf lettuce</td>
</tr>
<tr>
<td>Lobster Roll</td>
<td>Mkt. Price</td>
<td>delicious fresh Maine lobster meat tossed with mayo and served on a French roll with leaf lettuce</td>
</tr>
</tbody>
</table>

Eating raw or under cooked eggs or meat could be hazardous to your health. The State Health Department

### Hot Sandwiches

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Smoked Turkey Melt</td>
<td>$7.75</td>
<td>smoked turkey, Harbor Island dressing and swiss cheese heated on a french roll</td>
</tr>
<tr>
<td>Classic Reuben</td>
<td>$7.75</td>
<td>lean corned beef, sauerkraut, and Swiss cheese with Harbor Island dressing on toasted rye bread</td>
</tr>
<tr>
<td>South Street Cheese Steak</td>
<td>$7.75</td>
<td>grilled shaved steak, onions, peppers, mushrooms, and American cheese on a French roll</td>
</tr>
<tr>
<td>California Melt</td>
<td>$6.25</td>
<td>avocado, tomato, sprouts, and pepperjack cheese on toasted 12-grain bread</td>
</tr>
<tr>
<td>Tuna Melt</td>
<td>$7.95</td>
<td>chunk white tuna salad, Harbor Island dressing, tomatoes, sprouts and cheddar cheese on white toast</td>
</tr>
<tr>
<td>Pesto Tomato and Cheese</td>
<td>$6.25</td>
<td>Pesto with fresh tomatoes, mozzarella cheese and mesclun greens heated on a French roll</td>
</tr>
<tr>
<td>Tuscan Vegetable Sandwich</td>
<td>$7.50</td>
<td>grilled eggplant, zucchini, mushrooms, peppers and onions on focaccia with pesto and mozzarella</td>
</tr>
<tr>
<td>Chicken Satay Roll Up</td>
<td>$7.95</td>
<td>grilled chicken with shredded lettuce, cabbage, carrots, cucumbers, scallions, ginger, sprouts and Thai peanut sauce in an herb tortilla</td>
</tr>
<tr>
<td>Crab Melt</td>
<td>Mkt. Price</td>
<td>native crabmeat with a touch of mayo, tomatoes, cheddar and harbor island dressing on toast</td>
</tr>
<tr>
<td>Barbie’s Haddock Wrap</td>
<td>$8.50</td>
<td>haddock, lettuce, tomato, onion and our homemade salsa.</td>
</tr>
</tbody>
</table>

### From the Grill

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grilled Portobello</td>
<td>$7.50</td>
<td>a large mushroom cap grilled with pesto and provolone cheese served on a sourdough kaiser roll with lettuce, tomato</td>
</tr>
<tr>
<td>Mushroom Sandwich</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Classic Reuben</td>
<td>$7.75</td>
<td>lean corned beef, sauerkraut, and Swiss cheese with Harbor Island dressing on toasted rye bread</td>
</tr>
<tr>
<td>Grilled Chicken Sandwich</td>
<td>$7.95</td>
<td>grilled boneless breast of chicken on a sour-dough kaiser roll with lettuce and tomato with cheese add $.75</td>
</tr>
<tr>
<td>Basic Burger</td>
<td>$6.95</td>
<td>6 oz. of lean Angus beef char-broiled to order and served on a kaiser roll, with lettuce, and tomato with cheese add $.75</td>
</tr>
<tr>
<td>Blues Burger</td>
<td>$7.95</td>
<td>with blue cheese, bacon, lettuce, and tomato</td>
</tr>
<tr>
<td>Mushroom Burger</td>
<td>$7.95</td>
<td>with mushrooms, cheddar cheese, lettuce and tomato</td>
</tr>
</tbody>
</table>

### Soup of the Day

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>New England Clam Chowder</td>
<td>$5.95</td>
<td>a daily selection of delicious soups made from the freshest ingredients</td>
</tr>
<tr>
<td>Lobster Salad Plate</td>
<td>Mkt. Price</td>
<td>a fresh tomato filled with Maine lobster salad on a bed of mixed greens with fresh veggies +$1.00</td>
</tr>
<tr>
<td>Crab Salad Plate</td>
<td>Mkt. Price</td>
<td>1/2 avocado filed with Maine crab salad on a bed of mixed greens with fresh veggies</td>
</tr>
</tbody>
</table>

### Dressings

- Blue Cheese
- Balsamic Vinaigrette
- Italian
- Herb Buttermilk Ranch
- Harbor Island

### Specialties

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maine Crab Cakes</td>
<td>$9.95</td>
<td>native crabmeat tossed with peppers and scallions, sautéed golden brown and served with our own tangy tartar sauce and a side salad</td>
</tr>
<tr>
<td>Crabmeat Quesadilla</td>
<td>Mkt. Price</td>
<td>native crabmeat, avocado, tomatoes and pepperjack cheese grilled in an herb tortilla, served with fresh tomato salsa and a side salad</td>
</tr>
<tr>
<td>Chicken Quesadilla</td>
<td>$9.75</td>
<td>grilled chicken, tomatoes, boursin and cheddar cheese grilled in an herb tortilla, served with fresh tomato salsa and a side salad</td>
</tr>
<tr>
<td>Grilled Chicken Plate</td>
<td>$7.95</td>
<td>grilled marinated chicken breast on a bed of mesclun greens with veggies and fresh fruit salad</td>
</tr>
<tr>
<td>Mesclun Salad</td>
<td>$9.95</td>
<td>fresh mixed baby greens, cucumber, tomate, carrots, red onions, sprouts, kalamata olives and homemade croutons with your choice of dressing</td>
</tr>
</tbody>
</table>

### The State Health Department

Soup of the Day is served with a side salad.

# New England Clam Chowder

Homemade with clams, potatoes, and onions in a creamy flavorful broth
Call us about
Private Dinners On Our Deck
Picknic Lunches
To Go
Evening Cocktail Parties.
Let us do the work.
Homemade Pies made
to order $12.50
Take out
Call Ahead
633-2220
Enjoy the harbor views from our
dining room or waterfront deck
serving breakfast & lunch and
summertime happy hour.
Everything on our menu is freshly
prepared. All soups, salads, and
specials are made with fresh
ingredients and include locally
grown vegetables when available.
Delic Sandwiches
on your choice of white, multi-grain wheat,
rye bread, French roll or pita pocket
Roast Beef $6.25
Roast Turkey Breast $6.25
Smoked Turkey $6.25
Honey Roasted Ham $6.25
Corned Beef $6.25
Chicken Salad $6.25
Tuna Salad $6.25
Cheese $4.25
BLT $4.95
PBJ $3.50
Grilled Cheese $4.25
Hot Dogs (2) $3.50
Add Cheese to any of these +.75
Swiss, Cheddar, Pepperjack, Provolone,
Lo-fat Mozarella or American
with your choice of veggies:
lettuce, tomato, onion, sprouts, carrots and
choice of spreads: mayonnaise, brown mustard,
dijon mustard, harbor island dressing
* Make your sandwich a “basket” with cole slaw
and chips
$1.00
*Gluten Free Bread
$1.50
Breakfast
Open 7 Days A Week
Breakfast 7:30-11:00
Lunch 11:00-Close
Sunday Brunch 7:30- 12:00
Sunday Lunch 12:00- Close
All of our dessert selections and
baked goodies are homemade by our
own bakers.
# Breakfast Menu

**Pancakes $4.95**  
3 buttermilk pancakes served with butter and syrup.

**Maine Blueberry Pancakes $6.50**  
3 pancakes loaded with Maine blueberries.

**Banana-Walnut Pancakes $6.95**  
3 pancakes filled with slices of fresh banana and a sprinkle of walnuts.

**Homemade Granola $3.95**  
a crunchy favorite loaded with toasted oats, nuts, and dried fruit served with lo-fat milk OR yogurt.

**Fresh Fruit with Yogurt $6.95**  
seasonal fresh fruit salad and lo-fat yogurt.

**Old Fashioned Oatmeal $3.75**  
served with brown sugar, raisins, nuts and lo-fat milk.

**“The Ice Cream of Breakfasts”**

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**Two Eggs any style** $4.95  
served with toast (white, wheat, rye, English muffin, or raisin) and homefries.

**Omelettes** $6.95  
a fluffy 3-egg omelette made with two fillings of your choice. All omelettes are served with toast (white, wheat, rye, English muffin, or raisin) and homefries.

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### (~ Additional Fillings 75¢ each ~)

<table>
<thead>
<tr>
<th>Cheeses</th>
<th>Veggies</th>
<th>Meats</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cheddar</td>
<td>Tomatoes</td>
<td>Bacon</td>
</tr>
<tr>
<td>Swiss</td>
<td>Peppers</td>
<td>Ham</td>
</tr>
<tr>
<td>American</td>
<td>Onions</td>
<td>Sausage</td>
</tr>
<tr>
<td>Pepperjack</td>
<td>Mushrooms</td>
<td></td>
</tr>
<tr>
<td>Mozzarella</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Provolone</td>
<td>Broccoli</td>
<td></td>
</tr>
</tbody>
</table>

**Western Omelette** $7.25  
made with ham, peppers and onions.

**Denver Omelette** $7.75  
made with ham, peppers, onions and cheddar cheese.

**Farmer’s Omelette** $9.25  
made with bacon, ham, peppers, onions, tomato and cheddar cheese.

**Smoked Salmon Omelette** $9.95  
filled with smoked salmon, cream cheese and red onion.

**Breakfast Veggie Bake** $6.75  
stir-fried garden vegetables and potatoes baked with cheddar cheese, top with an egg, any style  
add $1.50

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* substitute a fresh blueberry muffin or bagel for toast add $1.00  
* Egg Beaters are available add $1.50

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### Omelette Fillings

- Cheddars
- Veggies
- Meats

- Cheddar
- Tomatoes
- Bacon

- Swiss
- Peppers
- Ham

- American
- Onions
- Sausage

- Pepperjack
- Mushrooms

- Mozzarella

- Provolone

- Broccoli

---

**Moon Muffin** $3.95  
scrambled eggs, ham and American cheese on an English muffin.

**Eggs in a Pocket** $4.95  
scrambled eggs and cheddar cheese in a pita pocket with a side of salsa.

**Egg a Bagel** $4.95  
scrambled eggs and Swiss cheese on a fresh toasted bagel.

**Hot Eggs** $5.25  
scrambled eggs, tomato and pepperjack cheese on whole wheat toast with a side of salsa.

**Smoked Salmon Bagel** $8.50  
Ducktrap Farms smoked salmon and cream cheese with tomato and red onion on a fresh bagel.

**Cinnamon Pecan Crisped French Toast** $6.95  
thick slices of French toast crusted with a crumbly mixture of oatmeal, brown sugar, cinnamon and pecans – a house specialty –

**Breakfast Burrito** $6.95  
scrambled eggs, pinto beans and pepperjack cheese in an herb tortilla with our own fresh tomato salsa.

**Fresh Fruit with Yogurt** $6.95  
seasonal fresh fruit salad and lo-fat yogurt.

**Old Fashioned Oatmeal** $3.75  
served with brown sugar, raisins, nuts and lo-fat milk.

**Fred’s Corned Beef Hash** $7.25  
Homemade corned beef hash, 2 eggs and toast.

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**Sides**

- Ham, Bacon or Sausage $2.15
- Homefries 1.50
- Single Egg, any style 1.50
- Single Pancake 1.95
- Bagel 1.75
- Bagel with Cream Cheese 2.50
- Muffin of the day 1.75
- Toast or English Muffin 1.50
- Fresh Fruit Salad 4.95
- Yogurt 1.50
- Pure Maine Maple Syrup 1.25